

# Discover your Soul in Central Australia



6th - 11th May, 2011

*5 nights/6 days in the spectacular scenery of  
the Ooraminna Ranges, 45 mins southeast of  
Alice Springs, NT.*

Come to the desert to discover your soul in  
the quietness, ambience and stillness of this  
Ancient landscape.

Through Colour, Sound and Aboriginal  
Wisdom, discover your true potential  
and find your real self.

## Facilitators

VICKI ENGEHAM - International Colour Teacher  
CHRISTINE MORRISON - Sound Healer, Composer  
BOB RANDALL - Aboriginal Elder, Uluru

**BOOK EARLY - NUMBERS LIMITED**

PHONE : VICKI 0417 855 598  
CHRISTINE 08 9402 0871 or 0408 181 208

[www.christinemorrison.com](http://www.christinemorrison.com)

## WORKSHOP FACILITATORS

Vicki Engeham

Vicki is an International teacher of Colour and Bodywork. She is the Director of The Australian Centre of Colour Therapy and Healing Arts in Central Australia. Vicki has worked with many forms of healing in Australia and Overseas since 1986. She provides a safe, loving and supportive environment in which to experience a powerful healing.

Christine Morrison

Christine is a Sound Healer, Teacher, Musician and Composer working in Australia and overseas. Her sounds and music connect you with your soul and other realms. Christine's gentle and intuitive guidance helps you reach deeper into your self, helping you unlock inner gifts, being able to hear your own soul sounds, accessing your inner knowledge.

Bob Randall

A traditional owner of Uluru, Bob was born into the rich traditions of Pitjantjatjara people in the Northern Territory. Vicki and Chris have invited Bob to share stories of the Aboriginals relationship with the land, the dreaming and his personal experiences. However, if any unforeseen events arise relating to Aboriginal Culture, Bob may not be able to attend. We ask you to join us in respecting these decisions. This will not affect the content of the course.



Christine, Bob, Vicki

Throughout history, the great teachers and prophets of the world have gone into the desert to experience the stillness within the soul.

Vicki, Christine and Bob will guide you into a journey of timelessness of Colour, Sound and Ancient Wisdom. Seek the knowledge of the ancients in an ancient landscape.

This residential workshop takes you into and through the three levels of your being - physical, emotional and spiritual.

You will have the opportunity to experience a connection with the earth and your soul through sharing of Aboriginal wisdom and knowledge.

It is time to remember. Feel and hear your own soul sounds through meditation, sound and mandala work, using your own voice and ancient instruments. Experience your soul connection with the earth through your sound.

Symbolically experience building the Kabbalah (the tree of consciousness).  
Linking with the chakras and colour.  
Experience colour meditations with the essences of the Aura-Soma Ascended Masters.



## VENUE: Ooraminna Station Central Australia

- Experience the magic and beauty of sleeping under the clear star studded Central Australian night sky.
- Ooraminna Station is famous for their hospitality and scenery.
- Feel the Ancient land emerge as you step upon the land.
- Swags are provided for sleeping - pillows supplied.
- Experience the spectacular sunsets overlooking the Ooraminna Ranges.
- Simple vegetarian meals.
- Hot showers and toilets are available.
- Water is drinkable at Ooraminna.
- Temperature range is 5°C - 25°C.
- Enjoy evenings of song, sound and laughter around the campfire.

## WHAT TO BRING

- Toiletries
- Towel
- Torch
- Day wear clothing -  
T-shirts, shorts, jeans, hat etc
- Night wear clothing -  
Light coat, tracksuit, jumper, beanie, light trousers.
- Hot water bottle
- Walking shoes
- Sunscreen, insect repellent, flynet
- Notepad, pen/pencils, etc
- Camera
- Sunglasses
- Any favourite snack food/drink.
- Money - small amount if you wish to purchase drinks or souvenirs
- Sense of humour
- Please keep luggage to a minimum

NB: Ooraminna is out of town and has limited supplies. If you have any special dietary, personal or medical requirements, please bring them with you or buy from Alice Springs before we leave.

NB: As we are dedicated to keeping the cost of this trip to a minimum, we advise that everyone is to be responsible for their own personal insurance for this trip.

## COST : \$1700

Total cost comprises of:

• Food and Accommodation at Ooraminna	\$1050
• Bus to Ooraminna from Alice Springs and return	\$75
• Facilitators Fees (including journal, notes and photos)	\$600
• General workshop expenses (including journal, notes, photos, Bob's travelling expenses)	\$55
	<b>\$1780</b>

NB: Credit card payments are accepted.

## Additional Costs:

- Travel to Alice Springs (organised by self),
- Airport bus to Motel (approx. \$15) or Taxi (\$25 approx).
- Accommodation before and after the Desert Trip.
- Welcome dinner and Farewell dinner in Alice (approx. \$20).

## ON ARRIVAL TO ALICE SPRINGS

We ask that you arrive in Alice Springs a day prior to departure to Ooraminna to avoid any unforeseen plane delays.

You will need accommodation in Alice Springs the night before and the night we return.

Details of departure will be sent to you closer to the date.

A welcome dinner is arranged for the first night in Alice, and a farewell celebration dinner is arranged for our last night in Alice.

